

**William Gilbert Endowed
(Church of England)
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15th October 2024

Dear Parents/Carers

Travel Smart Week -21st -25th October 2024

Next week is Travel Smart Week. Travel Smart week takes place each May and October. This is where we encourage pupils to make the most of their school journey to help them keep fit, beat traffic jams and pollution, as well as making sure they remember to travel safely too. As a school, we will be supporting this excellent initiative. Each day there will be a new theme to engage pupils in making active journeys to school. Your child has come home with a leaflet about Travel Smart Week today, so please ask them about this. On the back of the leaflet is an owl outline. This is the Travel Smart mascot. Each day there will be an art activity to add to leaflet. At the end of the week, children can enter the completed poster into our school competition for the chance to win a prize judged by our new school councillors.

Exciting ways to get involved with Travel Smart Week

Event	How to get involved
<p style="text-align: center;">Monday 21st October</p> 	<p>Travel together, whatever the weather, with your friends and family. It's a great way to chat and socialise.</p> <p>Draw some friends to travel with the 'Wellbeing Owl'</p>  <p>Find out https://www.youtube.com/watch?v=9UzCR2wmmjg ate.</p> <p>Follow the link or scan the QR code to a short video all about owls.</p> <p>https://www.youtube.com/watch?v=9UzCR2wmmjg</p>
<p style="text-align: center;">Tuesday 22nd October</p> 	<p>Move more on Walk and Wheel Tuesday Travel with a push, pull, stroll, roll, glide, stride or ride. Raffle ticket for active travel – walk, scoot, cycle or park in the village or at the golf club and stride/ride the rest of the way. Add wheels or wellies to your wellbeing owl.</p> 

Wednesday 23rd October

Discover interesting things on Wonder Wednesday

How long does it take to make your school journey and how far is it?
How could you measure the time taken and the distance travelled?

Investigate how to make your own sand timer from recycled bottles.

Park Wise
If travelling by car, give yourself extra time to leave the car away from school so you can park and stride.

The 'Lucky Lock' is back! Park your scooter or bike in the scooter pods/bike racks and wait and see if the 'lucky lock' appears on your scooter or bike at the end of the day for a spot prize!

Time your journey to school and add it to the wellbeing owl's stopwatch chest.



Thursday 24th October

Look out on watchful Thursday

It's important we all look out for each other when we travel.

Explore the nocturnal world and the properties of reflective materials.
Find out more about Cat's Eyes.

Bright and reflective materials help things to be seen more easily.

Be bright and be seen! Bling up your scooter with bright and shiny things to make yourself seen or visit our new pop-up reflector shop.

Visit our pop-up reflector shop in school run by our school councillors. There will be reflectors for sale to attach to school bags or stick onto your scooter. If your child would like to buy one prices are £1, £1.50 and £2. Please send your child with cash on the day.

Bling up your wellbeing owl with bright, reflective feathers and some funky glasses.



Friday 25th October

Show your support on Wellbeing Friday

Taking positive action in our own lives makes us feel positive and makes others happy too.
Don't be a night owl! Rest well and Eat well.

Learn more about air quality and climate change

Remember that active travel, taking the bus and encouraging drivers to park responsibly, with their engines turned off, helps to keep the road clear for those who need to get by and helps to keep the air cleaner too.

Wellbeing Friday

We will be keeping our air cleaner through our 'Fume Free Friday!' If you can, leave the car at home and walk, scoot or cycle to school. Remember Vicarage Lane will be closed to parent cars between 8:30am and 9:15am and 3:00pm and 3:45pm. Your child can come and grab an active breakfast snack served at the infant and junior gates served by our PTA and staff. There will be croissants, pain au chocolat, yogurts and fruit to choose from.

Don't forget your Wellbeing owl – add a catchy slogan to encourage active travel. Bring your completed poster to enter the competition.



I look forward to seeing as many of you as possible fully engaged in this initiative to promote healthy and environmentally friendly journeys to school.

Yours Sincerely

Mrs E H Britten