



# William Gilbert Endowed (Church of England) Primary School & Nursery

Vicarage Lane, Duffield, Belper, Derbyshire, DE56 4EB  
Telephone: 01332 840395

Website: <https://www.williamgilbertend.derbyshire.sch.uk/>

E-mail: [enquiries@williamgilbertend.derbyshire.sch.uk](mailto:enquiries@williamgilbertend.derbyshire.sch.uk)

Headteacher: Mrs H Britten



4th September 2024

Dear Parents

## **YEAR 6 BIKEABILITY**

### **MONDAY 16<sup>TH</sup> – WEDNESDAY 18<sup>TH</sup> SEPTEMBER 2024 INCLUSIVE**

At William Gilbert Primary School we are very keen to help pupils learn to live healthy lifestyles. Cycling is one of the easiest, cheapest and most enjoyable ways of keeping fit. In support of this we will be offering Bikeability Level 1 & 2 training to pupils in year 6.

Level 1 is usually covered in a traffic free environment and teaches basic cycle skills. This will take place on the school playground.

Level 2 is covered on quiet roads but with real traffic conditions. Children must have completed Level 1 before starting level 2.

Level 1 Training will take place on Monday 16<sup>th</sup> September and Level 2 will be for the following 2 days. The children will be split into 3 groups but all children will ride every day.

Training will be free and will be conducted in school time. All pupils will need their own bike, which should be in a road worthy condition and must be brought **every day** during the training. All children must be able to cycle unaided. We also stipulate that all pupils must also wear a Cycle helmet whilst training.

Bikeability is cycling proficiency for the 21<sup>st</sup> century, giving pupils the skills and confidence to cycle in today's traffic conditions.

Please complete the Enrolment/consent/information form using the link below:

### **[Bikeability Form](#)**

Training will be provided by First Grade Sports who are a Bikeability Accredited Provider.

If you have any concerns or questions regarding cycling please contact the school office.

Yours sincerely

H Britten

Headteacher

