



William Gilbert Endowed
(Church of England)
Primary School & Nursery
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Headteacher: Mrs E H Britten



5th September 2023

Dear Parents

YEAR 6 BIKEABILITY

FRIDAY 15th SEPTEMBER & MONDAY 18th SEPTEMBER – FRIDAY 22nd SEPTEMBER INCLUSIVE

At William Gilbert Primary School we are very keen to help pupils learn to live healthy lifestyles. Cycling is one of the easiest, cheapest and most enjoyable ways of keeping fit. In support of this we will be offering Bikeability Level 1 & 2 training to pupils in year 6.

Level 1 is usually covered in a traffic free environment and teaches basic cycle skills. This will take place on the school playground.

Level 2 is covered on quiet roads but with real traffic conditions. Children must have completed Level 1 before starting level 2.

Level 1 Training will take place on Friday 15th September and Level 2 will be **all** the following week, Monday 18th – Friday 22nd September inclusive. The children will be split into 3 groups but all children will ride every day.

Training will be free and will be conducted in school time. All pupils will need their own bike, which should be in a road worthy condition and must be brought **every day** during the training. All children must be able to cycle unaided. We also stipulate that all pupils must also wear a Cycle helmet whilst training.

Bikeability is cycling proficiency for the 21st century, giving pupils the skills and confidence to cycle in today's traffic conditions.

Please complete the Enrolment/consent form using the link below:

[Bikeability Form](#)

Training will be provided by Big on Bikes Ltd who are a Bikeability Accredited Provider.

If you would like more information on this, please contact, [David Howard](#) on 07866 265804.

If you have any concerns or questions regarding cycling please contact myself or David Howard.

Yours sincerely

H Britten

Headteacher

