Issue 6

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William Gilbert Endowed C of E Primary School and Nursery

www.williamgilbertend.derbyshire.sch.uk Safeguarding and Child Protection

at William Gilbert School

### Welcome to our Safeguarding Newsletter

Coming up in this issue – Anti – Bullying, Inappropriate sexual language and behaviour, Online Safety, Domestic Abuse, Keeping Safe in the Community – Road and Water Safety.

Safeguarding & Child Protection is the most important issue for our children and young people. At William Gilbert School, we feel it is crucial to work with our parents and the high-quality agencies that support schools and young people, so that we can offer a safe environment allowing children to be aware of the risks they may face and how to respond to them safely.

# Safeguarding and promoting the welfare of children is <u>everyone's</u> responsibility

#### At William Gilbert School we have the attitude of 'it could happen here' when safeguarding is concerned.

The well being and safety of our children is at the very centre of school life. Please be reassured that the issues covered here are dealt with in school in a sensitive and entirely age appropriate way. We have a moral and legal duty to raise awareness and provide this information.

The Safeguarding Team at William Gilbert Primary Mrs Aston continues to support pupils and their families in her role as Pastoral and Wellbeing Mentor. Part of her role is to provide advice and access help as soon as a need emerges. Mrs Aston can support families with a wide range of issues, including but not limited to, mental health and wellbeing, attendance, persistent lateness, the impact of community safeguarding issues including bullying and online safety. Mrs Aston can be accessed at the school gate most mornings, via the school office or via pastorallead@williamgilbertend.derbyshire.sch.uk

Mrs Britten is the most senior DSL in position. A DSL is always available during school hours for staff to discuss any safeguarding concerns. All our DSLs are trained to take on this role; the training is updated every two years enhanced by mid-term courses and conferences. The DSL has many responsibilities. They give advice, manage referrals, provide training and investigate any concerns.

#### A Safeguarding Curriculum

Everyone who comes into contact with children and their families has a role to play. This means that they should always consider what is in the best interests of the child. At WGES we believe that it is vital for our children to have opportunities to learn how to stay safe both in and outside of school—learning which comes from parents and staff at WGES.

# Here are some examples coming this term that you can discuss with your child

- Weekly Safeguarding Awareness Assemblies covering the following topics this term Stranger Danger, Gangs exploitation and peer pressure, Online safety gaming/YouTube and age ratings, road safety, child safety week, water safety canals/rivers/beaches and staying safe in the sun
- Religious Education lessons reinforce messages of tolerance and respect for others. Opportunities to learn about other faiths and visit places of worship.
- RSHE lessons see knowledge mats on the school website for year group information
- Engagement with charities that broaden pupils awareness, understanding and worldview
- Behaviour policy and practice in school under the 'Golden Rules'

Useful Acronyms & Vocabulary

**DSL**: Designated Safeguarding Lead

**LADO**: Local Authority Designated Officer - who deals with position of trust safeguarding issues

**CEOP**: Child Exploitation and Online Protection Centre

**National Online Safety** -Online training and support for families about all things online

**KCSIE**: Keeping Children Safe in Education (available on the school web pages)

#### Who's Who at WGES

- Mrs E H Britten Senior
  Designated Safeguarding lead
- Mrs A Aston DSL and Well-being and Pastoral mentor (Early Help)
- Dr N Ruggins Safeguarding Governor
- Mrs Emily Davies–SENCO
- Mrs S Owen and Miss K Whiting – Mental Health first aider

Designated Safeguarding Leads can be accessed via our safeguarding email

#### safeguarding@williamgilbertend.d erbyshire.sch.uk

If you believe that a child or an adult is at immediate risk of harm and in need of protection then you should call the Police -999, straight away.

Alternatively if you want advice from the Police and the child or adult is not in immediate need of protection, you can call the Police on the telephone number 101.

> Keeping children safe is everyone's responsibility



#### Useful Acronyms & Vocabulary

#### Harmful sexual behaviour

Harmful sexual behaviour(HSB) is developmentally inappropriate sexual behaviour displayed by children and young people which is harmful or abusive.

## Problematic sexual behaviour

Problematic sexual behaviour (PSB) is developmentally inappropriate or socially unexpected sexualised behaviour which doesn't have an overt element of victimisation or abuse.

**Bystander:** A bystander is 'a person who does not become actively involved in a situation where someone else requires help' (Clarkson 1996, p6) and in this way is understood to be a passive observer, an onlooker who watches something happening, but stays on the side-lines and doesn't intervene or get help, even if someone needs it.

#### Safeguarding Information at WGES

We have a wealth of information on our school website for parents to access, including important documents and contact details.

Please visit www.williamgilbertend.derbyshi re.sch.uk

Scan the QR code below to take you to **our Parent** Support page

Here you will find a wealth of information and resources to help you understand issues around bullying, how we support children in school and leaflets for parents to help you have discussions around conflict and bullying.



# **Anti-Bullying**

## "don't believe the old sticks and stones rhyme words hurt more than anything"

#### Bullying is behaviour by an individual or group, <u>repeated</u> over time, which intentionally hurts other people, either physically or emotionally

At school we are seeing the positive impact of our ongoing education around anti-bullying. Pupil voice and pupil questionnaire results show that children have a clear understanding about what constitutes bullying and how we can all work together to stop it from happening in our school. Children are familiar with our friendships flow chart and it supports them in resolving conflict and when to

seek support from a trusted adult.

## Name Calling and unkind behaviour is not ok!

We continue to promote our 'zero tolerance' approach to name calling and the use of inappropriate language on our playgrounds. We encourage children to report this to their class teachers or other trusted adults in school as soon as it happens. We see a greater impact on inappropriate behaviours if they are dealt with immediately, rather than historically.

Sexualised language and swear words offend and upset others. We continue to educate pupils about language that is inappropriate and the impact it can have on others. We do not want this sort of behaviour to be accepted by anyone as this can lead to it becoming 'normalised'. The prevention education that takes place is a whole school approach to teaching children about healthy relationships so that an 'inappropriate' behaviour is challenged and not allowed to develop into 'problematic', 'abusive' or 'violent' behaviours.



#### Harmful sexual behaviour

- This can include
- Unwanted touching
- Unwanted or inappropriate sexual comments
- Sexist name calling
- Being sent sexual pictures or videos they did not want to see
- Being put under pressure to provide sexual images of themselves
- Having pictures or videos that they sent being shared more widely without their consent or knowledge.

It's typical for children to display some sexualised behaviour as they grow up. But sometimes a child might display sexualised behaviour that is harmful to themselves and others.

Everyone who works or volunteers with children has a responsibility to keep them safe. This includes taking appropriate action to prevent and respond to problematic sexual behaviour (PSB) and harmful sexual behaviour (HSB) - including peer-on-peer and child-on-child sexual abuse.

**Talking to your child** As parents you can support our proactive approach in creating an environment that teaches boys and girls how to behave respectfully towards each other, and how to respect personal/physical boundaries set. If children understand their own bodies, the terminology to use, why other words are not appropriate, they will speak more knowledgably and respectfully to each other. If you hear or become aware of your child using inappropriate language or displaying inappropriate sexual behaviour it is important we challenge this in a supportive way. The following statements can support a conversation around the use of inappropriate sexual language or behaviour.

- "What do you think that word means?"
- "What do you mean by that?"
- "You may not think there's anything wrong with that behaviour / language, but many others would"
  - "I'm really uncomfortable with you saying things like that / behaving that way. It makes me feel ... "

Challenge your child if they are using stereotypical or sexist language and educate why it is wrong—the sooner we remove the normalisation of this language, the better Talk openly (in an age appropriate way) about anatomy and the similarities and differences between people. We are all made in the image and likeness of God and so our form, no matter what form that takes, is always perfect to God (there is no superior gender). Remind your child to report any inappropriate language or behaviour—we action and record all incidents. We have a '**Child on Child, Sexual Harassment and Sexual Violence Action Plan'** which is reviewed annually.

# **Keeping safe online**





#### Visit from the Lead ivenger



On Wednesday  $22^{nd}$  March Traci Good, lead ivenger, came to school and delivered a series of workshops around online safety, cyberbullying and harmful sexual behaviour online. These sessions were delivered to YI – Y6 pupils and were delivered at an age appropriate level. Traci used the information from an online pupil survey that the children had taken part in at school. Later in the day Traci delivered a staff training session and in the evening a parent information session. Those parents who attended the session found it very useful and supportive in helping them raise digitally resilient children in a this technological era.

The work of the i-vengers project continues in school with our i-venger ambassadors in Y5 and Y6 leading online safety projects within school to raise awareness and support all children in becoming digitally resilient.

#### What is the i-vengers programme all about?

For children growing up, the online environment plays a significant part in their lives. It's a place for them to enhance their learning, connect with new ideas and discover more about the world around them. That's why it's so important we help children to become confident and capable explorers, so they can safely make the most of all the wonderful benefits technology has to offer. i-vengers is a fully funded initiative through Derbyshire Police & Crime Commissioner and Derbyshire County Council, endorsed by the Derbyshire and Derby City Safeguarding Children Partnership.

Their work across schools and communities aims to unite these ideals, equipping children, teachers, key workers and parents with essential knowledge and skillsets, raising awareness and standards in online environment safety. Through collaborative learning, training, and discussions about the good and bad elements of digital technologies, we can not only help safeguard children of all ages, from pre-schoolers right through to higher education, but also empower them to make smarter and safer choices on their own.



#### Advice for Parents

- **I.** Set clear expectations be clear and consistent on times and behaviour. Set a family plan. Revisit it.
- 2. Rewards and Sanctions If your child manages their online behaviour reward this!
- **3. Engage with their online world** its OK to check devices. Check in with what they like to do and why.
- Trust them to do the right thing generally they are. Make sure they know how to report and block inappropriate or harmful content.
- 5. Talk! Break taboo's and be a safe place for them if things go wrong.

#### Safeguarding children is everyone's responsibility

Parents and Carers – keeping your children safe whilst online at home, is your responsibility. If children are left unsupervised online it could have consequences for their safety, mental health, wellbeing and academic achievement.

**Remember to - Supervise their online activity:** Keep the devices your child uses in communal areas of the house such as the living room or kitchen, where an adult is able to supervise. Primary-age children should not access the internet in private spaces alone, such as in a bedroom or bathroom.



#### Useful Acronyms & Vocabulary

#### My Concern -

Safeguarding record system (safeguarding and child protection software for schools used at WGES).

**CEOP:** Child Exploitation and On-line Protection Centre

## 🕜 Childnet

Find further support about being smart online at: https://www.childnet.com /parents-and-carers/

#### Online Safety Information at WGES

We have a wealth of information on our school website for parents to access.

#### Please visit

https://williamgilbertend. derbyshire.sch.uk/keyinformation/safeguarding/ staying-safe-on-theinternet/

Or scan the QR code below



https://beinternetawesome.withgoogle.com/en\_us/interland



Visit Google's Interland to play fun games as a family to be internet awesome



#### Useful Acronyms & Vocabulary

**Early Help** – providing support as soon as needs emerge for a child or family.

#### Domestic Abuse

(Domestic abuse is abusive, violent, controlling, coercive or threatening behaviour between people aged 16 or over who are, or have been, intimate partners or family members. It can happen to **anyone**.

Mrs Aston our Pastoral and Wellbeing Mentor is here to support you and your child if you are worried about Domestic Abuse and the impact on your child.

#### Contact Mrs Aston

On the school number 01332 840395 or via email at pastorallead@williamgilb ertend,derbyshire.sch.uk

Or at the school gate each morning.

Domestic Abuse Information at WGES We have a further information on our parenting support page of the school website.

Please visit

https://www.williamgilber tend.derbyshire.sch.uk/at tendance/

Or scan the QR code below



# **Domestic Abuse**

#### What is Domestic Abuse

Domestic abuse is any type of controlling, bullying, threatening or violent behaviour between people in a relationship. It can seriously harm children and young people and witnessing domestic abuse is child abuse. It's important to remember domestic abuse:

- can happen inside and outside the home
- can happen over the phone, on the internet and on social networking sites
  - can happen in any relationship and can continue even after the relationship has ended
- both men and women can be abused or abusers.

#### **Types of Domestic Abuse**

Domestic abuse can be emotional, physical, sexual, financial or psychological, such as:

- kicking, hitting, punching or cutting
- rape (including in a relationship
- Controlling someone's finances by withholding money or stopping someone earning
- · Controlling behaviour, like telling someone where they can go and what they can wear
  - Not letting someone leave the house
  - Reading emails, text messages or letters
  - Threatening to kill someone or harm them
- Threatening to another family member or pet



#### Support and Advice

If you're an adult experiencing domestic abuse or you know someone who needs help, there are organisations that can offer advice and support. Relate

#### 0300 003 0396

You can talk to Relate about your relationship, including issues around domestic abuse. National Domestic Violence Helpline 0808 2000 247 A 24 hour free helpline run in partnership between Women's Aid and Refuge. Men's Advice Line 0808 801 0327 Advice and support for men experiencing domestic violence and abuse. National LGBT+ Domestic Abuse Helpline 0800 999 5428 Emotional and practical support for LGBT+ people experiencing domestic abuse.

#### Childline

We understand how difficult it is for children to talk about domestic abuse. Whether it's happening now or happened in the past, Childline can be contacted 24/7. Calls to <u>0800 1111</u> are free and confidential. Children can also contact <u>Childline online</u>. Childline has information and advice for children and young people about <u>domestic</u> <u>abuse</u>, including why it happens and what they can do.





#### **Effects of Domestic Abuse** Living in a home where domestic

Living in a home where domestic abuse happens can have a serious impact on a child or young person's mental and physical wellbeing, as well as their behaviour. And this can last into adulthood.

What's important is to make sure the abuse stops and that children have a safe and stable environment to grow up in



#### Things you should remember:

- nobody should have to experience domestic abuse in their home
- if it's happening, it's not your fault
- domestic abuse doesn't always involve physical violence – it can also include bullying and threats
- you can always speak to a counsellor about what's going on
- if you're in danger **call 999**.

#### Help for Children and Young People

The NSPCC have a Domestic Abuse, Recovering Together (DART<sup>™</sup>) which is a therapeutic service for mothers and children who have experienced domestic abuse. This programme allows children and mothers to talk openly, learn to communicate about what's happened and rebuild their relationship. There are local DART programmes available to families in our community – information can be found on the NSPCC website – follow the link https://www.nspcc.org.uk/keeping-children-safe/ourservices/national-regional-hubs/



# **Keeping Safe in the Community**





#### Travel Smart Week - 15th May 2023 to 19th May 2023

We continue to support a safer and healthier way to travel to school through the 'Travel Smart 'campaign from Derbyshire County Council. This is where we encourage pupils to make the most of their school journey to help them keep fit, beat traffic jams and pollution, as well making sure they remember to travel safely too.

For the May 2023 campaign pupils and parents will be encouraged to join the SMILERS and Travel Smart with a SMILE by making more active and environmentally friendly journeys to school during the week of 15 May 2023 to 19 May 2023.

#### The SMILERS ways to wellbeing are:



- stay connected having healthy relationships with people and pets to help you to feel happy.
- move being active releases chemicals in your brain which boosts your mood and makes you feel good.
- interest having special interests and learning something new to keep your brain busy.
- look using your senses to notice what is around you to keep you in the moment. eating well - eating a balanced diet to make you feel good and to help you stay healthy
- and strong.
  - rest getting a good night's sleep to improve your memory, mood, and mental health. support - supporting people to make us feel positive and to make them happy too.

So, making an active journey, after a healthy breakfast and a good night's sleep, is a great way to improve your child's wellbeing as part of the school day, as well as doing your bit to reduce the impacts of traffic congestion, air pollution and climate change associated with travelling by car.

Pupils will be given an information/activity leaflet ahead of the 'Travel Smart' week. As part of the campaign week pupils can follow some of the suggested ideas for each day such as choosing active ways to make their school journey.

**Road Safety** As the nights get lighter and children are out and about around the local area and close to roads it is important to remind children of the road safety rules. During our weekly assemblies and bikeability sessions we have discussed road safety. Ask your child what they can remember and use this as a starting point to remind them about keeping safe when crossing or playing near roads. Take a look at these useful resources and websites to remind children of the key safety messages.



Teaching Road Safety: A Guide for Parents



https://www.think.gov.uk/education-resources/

https://www.rospa.com/media/documents/road-safety/teaching-roadsafety-a-guide-for-parents.pdf

#### Water Safety

During the school holidays, and in particular in warmer weather, increasing numbers of children put themselves at risk of drowning. On average between 40 and 50 children drown per year in the UK. As you venture out more as the weather becomes warmer, please be aware of the dangers of being close to canals, rivers, lakes and reservoirs.

#### The water safety code

Water may look safe, but it can be dangerous. Learn to spot and keep away from dangers. You may swim well in a warm indoor pool, but that does not mean that you will be able to swim in cold water. **See the full code here** 

https://www.rospa.com/leisure-watersafety/water/advice/water-safety-code

#### Water Safety Code



Water Safety Advice and Links for Parents

Canal and River Trust – Summer Water safety <u>https://canalrivertrust.org.uk/enjoy-</u> <u>the-waterways/safety-on-our-</u> <u>waterways/summer-water-safety</u>

#### Royal Life Saving Society https://www.rlss.org.uk/summer-watersafety



#### Useful Acronyms & Vocabulary

**RoSPA:** Royal Society for the Prevention of Accidents

My Concern – Safeguarding record

system (safeguarding and child protection software for schools used at WGES).

**EHA:** Early Help Assessment

**SEND:** Special Educational Needs & Disabilities

#### Safeguarding Information at WGES

We have a wealth of information on our school website for parents to access, including important documents and contact details.

Please visit www.williamgilbertend.de rbyshire.sch.uk



If you believe that any child is in danger ring <u>Call Derbyshire</u> Tel: 01629 533190 choosing the option for urgent child protection calls at any time

