


**WILLIAM GILBERT ENDOWED SCHOOL**  
**DINNER MENU – 2022/2023**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Week 1</b>	Chicken Curry (1,2,7) Baked Bean Pizza (2,4,7) Pasta Spirals (2) /Boiled Rice Sweetcorn Salad  Iced Sponge (2,4,7,13)	Beef Lasagne (2,7) Vegetable & Pasta Bake (2,7) Potato Wedges/Boiled Rice Peas Salad  Angel Whirl (7) & Fruit	Savoury Minced Lamb (1,2,7) Cauliflower/Broccoli Bake (1,2,7) Creamed Potatoes (7) / Jacket Potato Green Beans Macedoine  Frozen Yoghurt (7)	Roast Chicken Macaroni Cheese (1,2,7) Creamed (7) / Roast Potatoes Carrots Broccoli Gravy (1,2,7)  Cookie (2,7)	Fish In Batter (2,5,7) Quorn Burger (2,4,7) Chips/Pasta Spirals (2) Mushy Peas  Apple Pie (2) & Custard (7)
<b>Week 2</b>	Chicken Tikka (4,7,9) Grated Cheese (7) Jacket Potato/Boiled Rice Sweetcorn  Eves Pudding (2,4,7,13) & Custard (7)	Cottage Pie (1,2,7) Meat Free Bolognese (13) Creamed Potatoes (7) / Pasta Spirals (2) Mixed Vegetables Cauliflower Gravy (1,2,7)  Ice Cream (7) & Fruit	Fish Stars (2,5) Meat Free Lasagne (2,13) Saute Potatoes/Pasta Spirals (2) Peas  Cheese (7) & Biscuits (2)	Roast Pork Quorn Sausage (2,4,7) Creamed Potatoes (7) / Roast Potatoes Carrots Brussels Gravy (1,2,7)  Chocolate Ring Doughnut (2,4,7,13)	Wraps Tuna & Sweetcorn (2,4,5) Salmon & Cucumber (2,4,5) Cheese & Carrot (2,4,7) Chips/Pasta Spirals (2) Salad  Vanilla Sponge (2,4,7,13) & Chocolate Sauce (7)
<b>Week 3</b>	Beef Bolognese Meat Free Chilli (13) Spaghetti (2)/Jacket Potato Sweetcorn Salad  Flapjack (2)	Fish Cake (2,5,7) Meat Free Cottage Pie (1,2,7) Creamed Potatoes (7) / Pasta Spirals (2) Peas Carrots Parsley Sauce (2,7) / Ketchup  Mousse (7)	Chicken Pie (1,2,7) Cauliflower Cheese (2,7) Creamed Potatoes (7) / Boiled Rice Broccoli Swede Gravy (1,2,7)  Jelly & Fruit	Gammon/Tuna (5) Egg Mayonnaise (4) Jacket Potato/Pasta Spirals (2) Salad  Choc Sponge (2,4,7,13) & Chocolate Sauce (7)	Hot Dog (2,14) Quorn Hot Dog (2,4,7) Chips/Boiled Rice Baked Beans  Fruit Crumble (2) & Custard (7)

													
Celery 1	Gluten 2	Crustacean 3	Eggs 4	Fish 5	Lupin 6	Milk 7	Molluscs 8	Mustard 9	Nuts 10	Peanuts 11	Sesame Oil 12	Soya 13	Sulphur dioxide 14

**Dinner Accompaniments – Fresh Salad and Bread Portion Served Daily**  
**Dessert Alternative – Choice of Fresh Fruit or Fruit Yoghurt Served Daily**